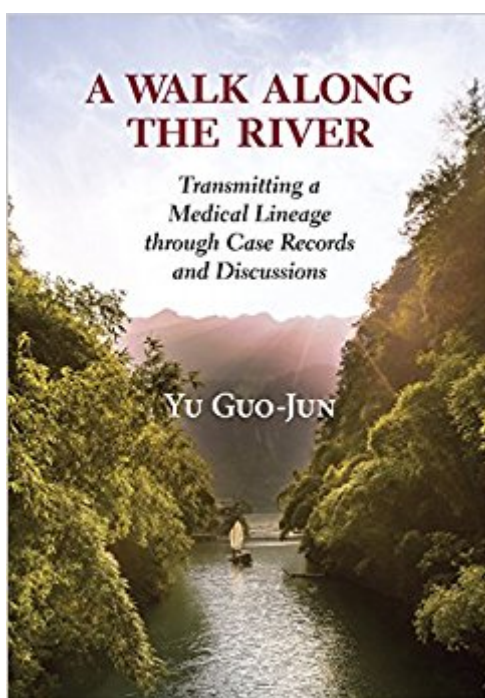


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# A Walk Along The River: Transmitting A Medical Lineage Through Case Records And Discussions



## Synopsis

A Walk Along the River is a collection of case studies from the practice of Yu Guo-Jun and his teacher, Jiang Er-Xun, a modern-day master of classic formulas. Dr. Yu is a prominent physician-scholar of traditional Chinese medicine in the city of Leshan in Sichuan province. In cases ranging from coughs, palpitations, and dizziness to vomiting, depression, and skin issues, Dr. Yu provides incisive and practical advice on the process of diagnosis. He also shares his experience and that of his lineage of teachers on how to use the rich materia medica of Chinese medicine to achieve the best results. The case studies are presented as part of an ongoing workshop in the form of a dialogue between Dr. Yu and other experienced physicians. In lively back and forth discussion, questions are asked that would likely occur to practitioners in the West, and Dr. Yu is pressed to explain, and often defend, his methods and choices. This produces a more three-dimensional view of how skilled practitioners in modern China deal with a range of topics, from specific treatment approaches to the issues that occur when engaging the Chinese medical tradition. A Walk Along the River is a rare view into the processes by which experienced practitioners think about medicine and how it is transmitted across the generations. It is a treasure trove of insights and treatment approaches including many that are not found in standard textbooks.

## Book Information

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## Customer Reviews

"As I read A Walk Along the River, I felt as if I were sitting with Dr. Yu in his clinic. In a warm and personable style, he goes over each case in wonderful detail. The whole text is written in a

conversational style with other physicians asking questions of Dr. Yu. Each time I found myself a bit confused, the very question I pondered would be asked and answered with precision. He gives us a true transmission of the kinds of details that make all the difference for clinical efficacy from his wealth of clinical experience. Practitioners will want to read it cover to cover to integrate every jewel." --Sharon Weizenbaum

Guo-Jun Yu practices traditional Chinese medicine in the city of Leshan, Sichuan province. He learned Chinese medicine directly from senior practitioners during the Cultural Revolution and was one of the main students of Jiang Er-Xun, a physician who is renowned for his work with classical formulas. Dr. Yu assisted Dr. Jiang for many years in teaching his advanced classes for physicians, and then took over those classes after Dr. Jiang retired. Dr. Yu is the author of several books, has lectured in China and the United States, and continues to practice at the Leshan People's Hospital.

Good addition to our library on Chinese herbal medicine. Our students are very interested.

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